

Seven Life Changing Disciplines
#1 Commit Completely – Romans 12:1-2
(9/13/09 AM)

1 Timothy 4:7, “discipline yourself for the purpose of godliness.”

A Spiritual Discipline Is a God Given Means to Promote Spiritual _____

Hebrews 12:14, “Pursue peace with all people, and holiness without which no one will see the Lord.” Pursue means to strive, to make every effort. We strive while God enables.

1. A Decisive Decision

Paul both Encouraged and Commanded

- **Only a _____ can make this commitment**

Paul is writing to “brethren”.

Titus 3:5, “not by works of righteousness which we have done, but according to His mercy He saved us...”

- **This commitment is made _____**

I am not committing to the discipline of holiness for its own sake. This is not a commitment to a set of regimens or activities. Psalm 37:5, “Commit your way to the Lord”

- **This commitment is an acknowledgment of the _____ of Jesus Christ**

I do not make Jesus Lord of my life, He is Lord.

Romans 10:9, “that if you confess with your mouth the Lord Jesus.....you will be saved.”

The Holy Spirit leads the believer to realize and submit to His lordship over their life, 1 Corinthians 12:3.

- **This commitment is a presentation of _____**

Paul uses the term “present” which pictures a priest laying a sacrifice upon an altar. Without our bodies we cannot do anything. Romans 6:12-13, “...present yourselves to God as being alive from the dead, and your members as instruments of righteousness to God.”

The issue is one of surrendering up my self to God.

For Many Christians this Is a _____ Moment in their Life

2. A Daily Decision

Daily Surrender to God’s Will vs. My Will

Paul continues to use Old Testament sacrificial terminology. Those sacrifices were dead.

We are to live for Christ by dying

to self, Galatians 2:20, “I have been crucified with Christ; it is no longer I who live, but Christ lives in me...”

- **This is realized one _____ at a time**

Many have moral implications. All choices impact my spiritual life, 1 Corinthians 10:31.

All Choices Include _____

3. A Dual Decision

Conforming Vs. Transforming

Both are in the passive tense.

• **Conformed: something we allow to be done _____ us**

To be conformed is to be influenced from without. This influence upon us is pervasive and powerful. It appeals to the weakness of our old nature, the flesh. It involves a powerful enemy, the devil. It includes a persuasive culture, the world. We must make a continual conscious commitment not to be conformed, Daniel 1:8, "But Daniel purposed in his heart."

A Conformed Mind Produces a _____ Will

• **Transformed: something we allow to be done _____ us**

Transformation means a deep internal change in my character that produces outward change in my behavior.

Philippians 2:12-13, "...work out your own salvation with fear and trembling; for it is God who works in you both to will and to do for His good pleasure."

We accomplish this is cooperation with the Holy Spirit by a mind that is informed and impacted by the Word of God.

A Renewed Mind Produces a _____ Will

There Is No Neutral Ground on the Continuum of
